



Return to Play Safety Management Plan

Casey Hockey Club

1. PURPOSE

To establish agreed protocols for the management of illness in athletes and other personnel attending the Casey Hockey Club.

To reduce exposure to and spread of the COVID-19 Coronavirus.

To enable training and games to resume at Casey Hockey Club.

2. DOCUMENT HISTORY & CONTROL

This Safety Management Plan applies from Sunday 12th December 2021 when all hockey activities shall continue and is subject to directives issued by Hockey Victoria. The SMP will be in place until such time as restrictions are amended by the Victorian State Government.

• SCOPE

This SMP applies to all Casey Hockey Club members, supporters, parents, coaches, team managers and volunteers.

• RESPONSIBILITIES

The on-site Duty Manager and coaches shall ensure return to hockey procedures and physical measures are in place before and during training sessions.

3. REFERENCES

Additional Information

[Framework for rebooting sport in a COVID-19 environment – EXECUTIVE SUMMARY](#)

[Framework for rebooting sport in a COVID-19 environment – ENTIRE DOCUMENT](#)

[National Principles for the resumption of Sport and Recreation activities](#)

[FIH - Start to plan for when your hockey fields reopen](#)

[Hockey Australia COVID Safety Support Hub](#)

Victorian Government

[State Wide Settings at phase D](#)

[Open Premises Directions](#)

[Stay Safe Directions](#)

[Fines, enforcement and reporting](#)

[Sport, exercise and physical recreation services sector guidance](#)

[Hospitality - food and beverage services sector guidance](#) (Guidance for canteens, kiosks or at-venue dining facilities)

[Face Masks: whole of Victoria](#)

[Sign, Posters and Templates](#)

[COVIDSafe Plan for Community Sport and Recreation](#)

[Victorian Government QR Code Service](#)

[COVID Check-In Marshals](#)

Federal Government

[Environmental cleaning and disinfection principles for COVID-19](#)



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4. KEY PRINCIPLES

4.1 Personal and Community Responsibility

Ensure you are following these principles in your daily life.

Encourage your family and friends to follow these principles in their daily life.

Take responsibility - it is only if the community work together that we will keep the everyone safe.

4.2 Physical Distancing

A minimum space of 1.5 metres between you and other people that aren't from your household shall be observed as much as possible.

If you need to be facing another person and be closer than 1.5 metres apart, minimise contact to less than 15 minutes.

4.3 Hygiene Principles

Avoid touching your face and cough and sneeze into a tissue or into your elbow.

Hand washing with soap and water for 20 seconds or use hand sanitiser before and after any contact with surfaces such as playground equipment that is used by more than one person.

Regularly cleaning and disinfecting surfaces that are touched by more than one person – e.g. phones, door handles, benches, equipment, toys etc.

Avoid sharing cups, utensils and cigarettes.

5. HOCKEY ACTIVITIES

Competition and full contact training are allowed.

General spectators are permitted with no limits on group sizes. It is recommended that spectator's social distance whenever possible.

It is recommended that, when possible, at least 15-minute gaps are scheduled in between training sessions to allow adequate time for commonly used areas to be wiped with disinfectant.

No high fives, handshakes or spitting.

Shared and public surfaces must be regularly cleaned with disinfectant. Clean high touch surfaces and shared equipment between uses.

Everyone must check in when at hockey venues using the Victorian Government QR Code Service through the service Vic app regardless of the duration of your visit.



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6. CROWD CONTROL – MOVEMENTS

6.1 Entry & Exit

Entry and exit shall only be via the main gate.

6.2 Fit to Enter

Players, officials, parents, carers, volunteers and spectators shall not attend the Casey Hockey Club if in the last fourteen days they have been unwell or have had contact with a known or suspected case of COVID-19.

Persons suspected of being unwell, having any respiratory symptoms (even if mild) or having signs of a fever shall be denied entry and requested to return home, seek medical attention.

6.3 COVID-19 Tracking

Everyone must check in when at hockey venues using the Victorian Government QR Code Service through the service Vic app regardless of the duration of your visit.

6.4 Availability of Hand Washing Facilities and Hand Sanitiser

Access to handwashing is available within toilet facilities and a sanitising station shall be available.

6.5 Training

Training session times shall be adjusted to allow participants to arrive and depart separately – a minimum ten-minute window has been built into the program to allow for cleaning.

6.6 Training Protocols

Contact training drills can resume for both adults and children.

6.7 Team Change Rooms

The change rooms, showers are open for use. The toilets are available. No limits are applicable to the number of people accessing these amenities.

6.8 Equipment storage and Shed

There is no limitation to the number of people accessing the shed.

6.9 Toilets

There is no limitation to the number of people accessing the toilets.

6.10 Canteen Access

Canteen can be opened subject to the [industry restart guidelines for hospitality](#)



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6.11 Club Rooms

The main club rooms area is open. For club functions people over the age of 12 are required to be fully vaccinated.

7. HYGIENE

7.1. Water Containers

Participants shall bring and only use their own water bottles and be labelled with their name.

7.2. Shared Equipment

Hockey sticks, skin pads and goalkeeper equipment shall not be shared.

Face washers and water bottles shall not be shared.

Each coach will be provided with a set of training equipment.

7.3. Shared Uniforms

Training bibs shall not be shared.

7.4. Hand Washing / Sanitising

All participants, parents or carers and staff shall have access to the toilets to wash their hands with soap and water.

7.5. Wear a face mask

Face masks are recommended when a person can't physically distance.

Face masks must always be carried and are required indoors in some settings.

8. PERSONAL BEHAVIOUR

Greetings

Handshakes and high-fives are prohibited. 'Stick bumps' are more appropriate.

9. CLEANING

A venue clean shall be carried out on a weekly basis, with spot cleaning using sanitiser to be undertaken in line with small group training session timings e.g. after each session, the following will be sanitised:

- Handrails
- Sign in tables
- Toilet facilities – including doors, benches, hand dryers, paper towel bins emptied
- Rubbish bins will be placed outside of toilet facilities to encourage patrons to open doors with hand towels then dispose of on exit
- Paper towel, soap, and hand sanitiser levels to be monitored regularly



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10. COMMUNICATION

10.1 Electronic Media

Casey Hockey Club will post all requirements on the various social media sites, including Facebook and Team App.

10.2 Signage

Relevant signage will be posted on the entrance gate, notice boards, toilets and other prominent positions.

11. DISCIPLINARY ACTION

Failure to comply with this SMP

Participants failing to comply with the requirements of this SMP shall be requested to immediately leave the Casey Hockey Club facility.

Repeat offenders will be denied further entry.



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12. SIX COVIDSAFE PRINCIPLES



1. Ensure physical distancing

All people in the workplace should be at least 1.5 metres apart and there should be no overcrowded areas. This means:

- Work from home if you can. Employers must permit their worker to work from home if their work can be done from home
- Ensure workers and customers are 1.5 metres apart at all times. Where this is not possible, the duration of the close contact should be minimised
- Ensure the workplace abides by the relevant density quotient
- Limit the total number of workers and customers in an enclosed area
- Avoid carpooling between workers unless there is no alternative mode of transport to work



2. Wear a face mask

Workers and customers must always wear a face mask indoors unless an exemption applies, and wear a face mask outdoors unless physical distancing of 1.5 metres can be maintained. Face masks must be carried at all times. This means:

- Provide face masks to workers throughout the shift
- Ensure all workers wear face masks while working when required by the restrictions
- Use full personal protective equipment (PPE) for high-risk settings



3. Practise good hygiene

Operators must regularly clean high touch-surfaces and encourage good hygiene practices by workers and customers. This means:

- Schedule regular cleaning and disinfecting of high-touch surfaces (including all surfaces and handrails) and make gloves available for this purpose
- Encourage regular handwashing by workers and customers, and make soap and hand sanitiser available for all workers and customers throughout the workplace



4. Keep records and act quickly if workers become unwell

Have a strict policy that any workers who feels unwell must stay at home. This means:

- Support workers to stay home and get tested even if they only have mild symptoms
- Have a plan in place to immediately close down for cleaning and contact tracing if there is a confirmed case of coronavirus (COVID-19)
- Keep records of workers and customer details for contact tracing
- Recommend asking workers to complete a pre-shift declaration



5. Avoid interactions in enclosed spaces

Most activities are to be held in outside areas where practical, which don't have a roof or ceiling. This includes:

- Meetings
- Lunch breaks
- Customer registration



6. Create workforce bubbles

Limit the number of people that workers have prolonged close contact with. This means:

- Keep pools of staff rostered on the same shifts
- Avoid overlap in shift changes
- Where possible, limit the number of workers working across multiple worksites